La Barbera Family Chiropractic, LLC	Case #	Family #
2719 Genesee Street, Utica, New York 13501-6556 Phone:(315) 724-0368 Fax:(315) 724-0374	Date	_ Dr

Dear Patient: This information is considered confidential. We need this information because we care enough to want to know, and your answers will help us determine if chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. In order for us to understand your condition properly, please be as neat and accurate as possible when completing this form. **IF SOMETHING DOES NOT APPLY, WRITE N/A.** Thank you.

## PERSONAL:

Patient Name:						Nickname	:		
	Title	First	M.I.	Last					
Sex:	Age:		Birth Date:		SS	\$#			
				Mth-Day-Year	~~				
Home Address:						H	ome Phone:		
No PO's	# Street		City	State		Zip			
Cell Phone:		Other Phone:		Personal	E-Mail:				
Employer & Add	lress:					Work Phone: _		Ext	
Spouse/Partner N	lame:		Cell Phone:	:		Preferred (	Contact #:		
Employer & Add	lress:					Work Phone:		Ext	
Marital Status:		# of children:							
1	M-S-W OR D			2 People we	can call in	case of an emergen	cy & Phone #'s		
If Student, Schoo	ol					Pa	rent(s) Mother:		
Name, Address &	& Grade:					Na	me(s) Father:		
If Student, Paren	t					Parents (H	I):		
Home Address:						Phone (W	/):		
if different	#	Street	City	State Zip			Area Code - #	ext.	
Referred to our o	office by:		Referring	g Doctor:		Primar	y Doctor:		
INSURANCE:									
Fill out this secti	on with your H	ealth insurance infor	mation, No Fault	Automobile insurance	ce informati	ion or your Worker	's Compensation insura	nce informa	ation.
Is this an injury f	from an acciden	t? 🛛 Work 🗳 Aut	o 🛛 Home 🖓 Pe	ersonal Injury 📮 Ot	her Date of	of Injury:			
1st Company:			ID#	Year	ly Deductil	ble \$	Co-Payment \$	or	%
Policy Holder:	□Myself □S	pouse 🖵 Father	☐ Mother ☐ Ot	ther Their Bir	th Date:				
Patient's Relation	nship to 1st Pol	icy Holder: 🛛 Self	Spouse 🛛	Child Dother	Name: (Pol	licy Holder)			
2nd Company:			ID#	Year	ly Deductil	ble \$	Co-Payment \$	or	%
Policy Holder:	□Myself □S	pouse 🖵 Father	☐ Mother ☐ O	ther Their Bi	rth Date:				
Patient's Relation	nship to 1st Pol	icy Holder: 🛛 Self	Spouse	Child Dther	Name: (Pol	licy Holder)			
Other Insurance	Info:								

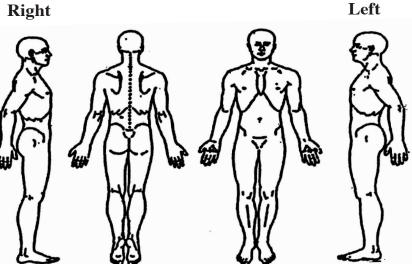
I allow payment of all medical benefits directly to this office. I understand that all fees are my responsibility and that I will pay any and all unpaid balance due. I also authorize this office to furnish any information pertinent to my case to any insurance company, adjuster or attorney involved in this case. My signature also serves as a release to acquire information from other health providers via fax, mail, e-mail or verbally on myself or minor child. A photocopy of this agreement/assignment/release shall be considered as effective and valid as the original. I also understand that if my case proves to be non-work or non-auto related, I will be responsible to this office for all bills at normal office rates. If I discontinue care on my own at any time, any balance due will be payable in full immediately regardless of insurance coverage. This office will assist you in submitting your insurance, but there is no guarantee that they will pay.

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## HEALTH REPORT

Describe all reasons for seeking chiropractic care: Spinal Evaluation Scoliosis Poor Posture Neck Pain Mid-Back Pain Low Back Pain Improved Health Prevention/Wellness Subluxation Correction Improved Sports Performance Improved Immune Function Cranial Care Other Describe Your Main Complaints:

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Indicate on drawings where you have any pain or symptoms.

## (If you have more than 4 main concerns/problems, please ask the receptionist for an additional sheet)

What is problem/symptom #1?
How often do you have symptom #1? Constantly (76-100% of the time) Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #1? 🗅 Sharp 🕒 Numb 🗅 Dull 🗅 Tingly 🗅 Diffuse 🗋 Sharp with motion 🗔 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #1 changing with time? 🖵 Getting Worse 🗳 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #1 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #2?
How often do you have symptom #2? 🖵 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #2? 🗅 Sharp 🕒 Numb 🗅 Dull 🗅 Tingly 🗅 Diffuse 🗔 Sharp with motion 🗔 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #2 changing with time? 🖵 Getting Worse 🗳 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #2 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #3?
How often do you have symptom #3? 🗅 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #3? 🗅 Sharp 🕒 Numb 🗅 Dull 🕒 Tingly 🖵 Diffuse 🗔 Sharp with motion 🗔 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #3 changing with time? 🖵 Getting Worse 🗳 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #3 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #4?
How often do you have symptom #4? 🗅 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #4? 🗅 Sharp 🕒 Numb 🗅 Dull 🕒 Tingly 🖵 Diffuse 🗔 Sharp with motion 🗔 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #4 changing with time? 🖵 Getting Worse 🗳 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #4 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)

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Describe in detail HOW your main problem started:
Date your main problem started/1st symptoms: Date of similar condition:
Did it start: 🗋 Suddenly 📮 Gradually Is it: 📮 Constant 📮 On & Off - % of time Can You Sleep?: 📮 yes 📮 no 📮 On & Off - % of time
List any other symptoms that started about the same time (constipation, nausea, dizzy spells, headaches):
Changes in 🖵 Bladder 🗔 Bowel 🗔 Sexual function? What?:
How much has the main problem(s) interfered with your work? 🗋 Not At All 🛛 A Little Bit 🖓 Moderately 📮 Quite a Bit 🖓 Extremely
How much has the main problem(s) interfered with your social activities? 🗆 Not At All 🛛 A Little Bit 🖓 Moderately 📮 Quite a Bit 🖓 Extremely
Who else have you seen for your main problem(s)? 🖵 Chiropractor 🔍 Primary Care Physician 📮 Nurse Practitioner 📮 Neurologist 📮 Orthopedist
🗅 Neurosurgeon 🗅 ER Physician 🗅 Massage Therapist 🗋 Physical Therapist 📮 No One 📮 Other:
Did it help? 🖵 Well 📮 Some 🖵 Not at all What did you try at home? (Drugs, Ice, Heat)
Do you consider this main problem to be severe? 🗳 Yes 🗳 Yes, at times 📮 No
What worsens your main problem?
What relieves your main problem?
What concerns you most about your problem; what does it prevent you from doing? 🖵 It is getting worse 📮 It is not going away 📮 It could be something seriou
🖵 It interferes with my work 📮 It interferes with my recreation/sports 📮 It interferes with my relationship/family 📮 Other:
Your: Height Weight Race Nationality Handed: 🖵 Left 🛛 Right 🗔 Both
Recent X-Rays, MRI's, CAT Scans within the last three months:
ALL prescription medications now taking:
ALL over the counter medications now taking:
List all surgeries: 🗅 Tonsils 🗅 Adenoids 🗅 Hysterectomy 🗋 Appendix 🗋 Gallbladder 🗋 Hernia 🗋 Back 🗋 Neck 🗋 Heart 🗋 Carpal Tunnel 🗋 Eye
Other Surgeries/Procedures:
Have you ever been hospitalized? 🖸 Yes 📮 No If Yes, when/why:
List all broken bones:
List all serious accidents: (car, falls, sports etc.)

Place a check in the "past" column if you have had the condition in the past. If you presently have a condition, place a check in the "present" column.

	*	•	*	•			*
Past	Present	Past	Present	Past	Present	Past	Present
	Headaches		$\Box$ Hip Pain $\Box$ L $\Box$ R		Night Time Urination		Dermatitis/Eczema/Rash
	Migraine		Upper Leg Pain L R		Prostate Problems		□ HIV/AIDS
	$\Box$ Ringing in Ears $\Box$ L $\Box$ R		$\Box$ Knee Pain $\Box$ L $\Box$ R		□ Impotence (ED)		□ STD
	$\Box$ Ear Infections $\Box$ L $\Box$ R		□ Ankle/Foot Pain □L □R		□ Infertility		Hot Flashes
	Sinus Problems		Numbness Leg/Foot/Toes		Abnormal Weight Gain/Loss		🖵 Fibromyalgia
	Visual Disturbances		Cold Hands/Feet		Loss of Appetite		□ Other:
	Dizziness		Jaw Pain/TMJ Problems		🖵 Abdominal Pain		Other:
	Light Headed		Joint Pain/Stiffness		□ Reflux GERD		□ Other:
	□ Seizures		Arthritis		🗅 Hiatal Hernia		□ Other:
	Neck Pain		Tumor		🖵 Diarrhea		□ Other:
	Grinding Sounds (Neck)		🖵 Asthma		Constipation		□ Other:
	Upper Back Pain		Chronic Sinusitis		Hemorrhoids		
	Mid Back Pain		□Heart Attack		□ Ulcer	For	Females Only:
	Low Back Pain		Chest Pains		🖵 Hepatitis		Birth Control Pills
	$\Box$ Sciatica $\Box$ L $\Box$ R		🖵 Angina		Liver/Gall Bladder Disorder		Hormonal Replacement
	$\Box$ Shoulder Pain $\Box$ L $\Box$ R		□ Kidney Stones		General Fatigue		□ Pregnancy #
	Elbow/Upper Arm Pain		General Kidney Disorders		Muscular Incoordination		Menstrual Pain
	Numbness Arms/Hands/Fingers		Bladder Infection		Excessive Thirst		Difficult Pregnancies
	$\Box$ Wrist Pain $\Box$ L $\Box$ R		Painful Urination		Drug/Alcohol Dependance		□ Infertility
	$\Box$ Hand Pain $\Box$ L $\Box$ R		Loss of Bladder Control		□ Allergies		☐ Menopause
	Weak Grip Strength		Bed Wetting		Depression	Date	e of last period
	Carpel Tunnel L R		Generation Frequent Urination		🖵 Epilepsy		you pregnant? 🛛 Y 🔍 N

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List health problems of spouse & children:

Indicate if you currently have or have had any of these conditions: <ul> <li>Heart Disease</li> <li>Diabetes</li> <li>High Blood Pressure</li> <li>High Cholesterol/Arteriosclerosis</li> <li>Fainting</li> <li>Black Outs</li> <li>Dizzy Spells</li> <li>Strokes/TIS's</li> </ul> <li>Neck Arthritis</li> <li>Whiplash/neck injury</li> <li>Blood thinners/birth control pills</li> <li>MS</li> <li>Cancer</li> <li>Lupus</li> <li>ALS</li> <li>Autoimmune Condition</li> Indicate if you have any immediate family members who have or have had any of these conditions (grandaparents/parents/siblings): <ul> <li>Heart Disease</li> <li>Diabetes</li> <li>High Blood Pressure</li> <li>High Cholesterol</li> <li>Strokes/TIS's</li> <li>MS</li> <li>Cancer</li> <li>Lupus</li> <li>ALS</li> <li>Autoimmune Condition</li> </ul> Previous Chiropractic Care? <ul> <li>yes</li> <li>no If yes:</li> <li>Neck problem</li> <li>Low Back Problem</li> <li>Prevention</li> <li>Wellness</li> <li>Boost Immunity</li> <li>Enhance sports performance</li> <li>Last resort for health condition - What condition?:</li> <li>What kind of results did you get?</li> <li>Great</li> <li>Good</li> <li>Fair</li> <li>Poor</li> <li>Overall a bad experience</li> </ul>							
Your current occup	ation/job title:						
What activities do yo Sit: Stand: Computer work: On the phone: Drive / Travel:	u do at work? Most of the day Most of the day Most of the day Most of the day Most of the day	☐ Half of the day ☐ Half of the day ☐ Half of the day	<ul> <li>A little of the day</li> </ul>	☐ Walking: ☐ Heavy Labor: ☐ Lifting: ☐ Repetitive Motion: ☐ Other:	•	Half of the day	<ul> <li>A little of the day</li> </ul>
What activities do	you do outside of wo	ork? (Sports/Yard W	Vork)				
•	-		lerate □Light □N Very Good □Good	lone □Swim □Li □Fair □Poor	ft 🖵 Run 🖵 Go	lf 🖵 Other	
Do vou smoke?	No Never D	Yes pa	cks a day 🛛 Cigarett	es 🖵 Cigars 🖵 Pip	es Chewing	l auit	200
-		*	• •	Waterbed  Firm ma	e		0
							Allergy? 🗆 Y 🗅 N
r niyuning eise peru	nent to your visit tot	iay :					

I authorize the performance upon myself or minor child any diagnostic and therapeutic procedures, including X-rays and chiropractic methods, by associates of La Barbera Family Chiropractic LLC, which they may consider necessary or advisable in the course of my health care. I acknowledge that no guarantee or assurance as to the results that may be obtained from the procedure has been given. Females: At this time I deny any chance of being pregnant if I have stated so above. I have read the above and understand it and agree that all information I provided is true and complete to the best of my knowledge.

Signed		Date
	Patient/Parent or Guardian if M	linor
DYNAMOMETER       L       R_       LEG LENGTH         Lt       Rt       Prone       Supine         Lt       Rt       Actual Length         Lt       Rt       Lt       Rt         Pulse:      bpm       Reg       Ir       Sh       Ab         Resp:      bpm       Reg       Ir       Sh       Dp       Lb	L / R /	
LOC		

What is problem/symptom #5?
How often do you have symptom #5? 🖵 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #5? 🗅 Sharp 🕒 Numb 🗅 Dull 🖨 Tingly 🗅 Diffuse 🗋 Sharp with motion 🗅 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #5 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #5 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #6?
How often do you have symptom #6? 🖵 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
$\Box$ Occasionally (26-50% of the time) $\Box$ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #6? 🗅 Sharp 🔍 Numb 🗅 Dull 🖨 Tingly 🖵 Diffuse 🖓 Sharp with motion 🖓 Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #6 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #6 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #7?
How often do you have symptom #7? 🖵 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #7? 🗅 Sharp 🔍 Numb 🗅 Dull 🖨 Tingly 🗅 Diffuse 🗋 Sharp with motion 🗅 Achy
□ Shooting with motion □ Burning □ Stabbing with motion □ Shooting □ Electric like with motion □ Stiff □ Other:
How are your symptoms of #7 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #7 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #8?
How often do you have symptom #8? 🖵 Constantly (76-100% of the time) 🖵 Frequently (51-75% of the time)
$\Box$ Occasionally (26-50% of the time) $\Box$ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #8? 🗅 Sharp 🗋 Numb 🗋 Dull 🖨 Tingly 🖨 Diffuse 🖨 Sharp with motion 🖨 Achy
□ Shooting with motion □ Burning □ Stabbing with motion □ Shooting □ Electric like with motion □ Stiff □ Other:
How are your symptoms of #8 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #8 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #9?
How often do you have symptom #9? 🗋 Constantly (76-100% of the time) 🗋 Frequently (51-75% of the time)
$\Box$ Occasionally (26-50% of the time) $\Box$ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #9? Sharp Numb Dull Tingly Diffuse Sharp with motion Achy
□ Shooting with motion □ Burning □ Stabbing with motion □ Shooting □ Electric like with motion □ Stiff □ Other:
How are your symptoms of #9 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #9 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)
What is problem/symptom #10?
How often do you have symptom #10? Constantly (76-100% of the time) Frequently (51-75% of the time)
□ Occasionally (26-50% of the time) □ Intermittently (1-25% of the time)
How would you describe the type of pain or symptom of #10?  Sharp  Numb  Dull  Tingly  Diffuse  Sharp with motion  Achy
Shooting with motion Burning Stabbing with motion Shooting Electric like with motion Stiff Other:
How are your symptoms of #10 changing with time? 🖵 Getting Worse 📮 Staying the Same 📮 Getting Better
Using a scale from 0-10 (10 being the worst), how would you rate your symptom #10 intensity? 0 1 2 3 4 5 6 7 8 9 10 (Please circle)

## Please answer the following questions. If an explanation is needed, feel free to write it in.

<u>CONSTITUTIONAL</u>			
Do you have a Fever or feel warm?	Yes	No	
Do you have Chills?	Yes	No	
Any unexplained Weight Loss?	Yes	No	
Any Malaise (Fatigue, tired, run down)?	Yes	No	
Any unexplained Weight Gain?	Yes	No	
ring unexplained weight Sum.	105	110	
EYES			
Any Diplopia (Double Vision)?	Yes	No	
Any Eye Pain?	Yes	No	
Any Discharge from the Eyes?	Yes	No	
Any Vision Changes?	Yes	No	
Any vision changes:	105	INU	
EARS			
Any Ear Drainage?	Yes	No	
Ear Pain?	Yes		
		No No	
Difficulty Hearing?	Yes	No	
Hearing Loss?	Yes	No	
NOCE			
NOSE	V	NI.	
Do you have Nose Bleeds (Epitaxis)?	Yes	INO	
Do you have Coryza (Runny nose, congestion, inflammation)?	Yes		
Any Sinus Pain?	Yes	No	
THROAT	V	NT.	
Do you have a Sore Throat?			
Any Voice Changes?	Yes	No	
Do you have Dysphagia (Difficulty or discomfort swallowing)?	Yes	No	
MOUTH			
Any Cavities or Caries?	Yes	No	
Any Mouth Pain?	Yes	No	
Any Lesions in your mouth (Sores, bumps, raised areas)?	Yes	No	
CARDIOVASCULAR			
Any Chest Pain?			
Any Dyspnea (Shortness of breath with exertion)?	Yes	No	
Any Orthopnea (Shortness of breath when lying down flat)?	Yes	No	
Any Heart Palpitations (beating in chest or abnormal beating)?	Yes	No	
RESPIRATORY			
Any Shortness of Breath?	Yes	No	
Any Pleuritic Pain (Sharp pain when breathing sharp in chest)?	Yes	No	
Any Hemoptysis (coughing up blood)?	Yes	No	
Any Cough?	Yes	No	
<u>GI – Gastrointestinal</u>			
Any Abdominal Pain (Any Belly / Stomach pain)?	Yes	No	
Any Nausea (Feeling sick to your stomach)?	Yes	No	
Any Vomiting / Throwing Up?	Yes	No	

Any Diarrhea? Any Constipation (Less than 1 BM a day)? Any GERD (Acid Reflux / Heartburn / Agita)?	Yes Yes	No No No	
Any Rectal Bleeding (When making a Bowel Movement)? <u>GU – Genitourinary</u>	Yes	No	
Any Pain when urinating (Dysuria)?	Yes	No	
Any Change in Frequency (Going more / less than usual)?	Yes	No	
Any blood in your urine (Hematuria)?	Yes	No	
Any CVA Pain (At the angle formed bt ribs and spine)?	Yes	No	
Do you wake at night to urinate (Nocturia)? How many times?	Yes	No	
SKIN			
Any Rashes?	Yes	No	
Any Wounds?		No	
Any Bites?		No	
	103	110	
<u>Neuro – Neurological</u>			
Any Seizure activity (starring, shaking, mood changes)?	Yes	No	
Any Syncope (Fainting, loss of consciousness)?	Yes	No	
Any Numbness (loss of feeling)?	Yes	No	
	Yes	No	
Any Tingling (Tingling, crawly feeling, pins & needles, Etc.)?			
Any Weakness?	Yes	No	
Any Dizziness (Lightheaded-not you spinning or things around u)	Yes	No	
Psych – Psychological			
Any Depression?	Yes	No	
Any change in Appetite?	Yes	No	
Any changes in Sleep?	Yes	No	
Do you find no pleasure in life (Anhedonia)?	Yes	No	
Have you lost your Sex Drive?	Yes	No	
Do you have Suicidal Thoughts?	Yes	No	
Any Anxiety (distrust / uneasiness / worry)?	Yes	No	
ENDOCRINE	V	NT.	
Do you have Excessive Hunger (Polyphagia)?		No	
Do you have Excessive Thirst (Polydipsia)?		No	
Do you have Excessive Urination (Polyuria)?		No	
Do you have Dry Skin?	Yes	No	
Any unusual changes in Weight?	Yes	No	
Do you have Diabetes Mellitus?	Yes	No	
HEME / LYMPH – BLOOD & LYMPHATICS			
Is your skin pale or unhealthy in appearance (Pallor)?	Yes	No	
Do you have Enlarged lymph glands in the throat) (Kernels)?	Yes	No	
Do you have any Infections?	Yes	No	
Any feeling of being weak / tired / run down (Weakness)?		No	
Any reening or being weak / theu / full down (weakness)?	168	INU	