



The Orthogold 100 TRT has been featured on and is used by the following:



Patient FAQs

- **What is SoftWave Therapy?** It is a treatment involving technology that applies short, frequent, and high intensity bursts of mechanical energy (in the form of a shockwave) into soft-tissue that is injured, scarred, or contains adhesions, is painful, or inflamed.
- **Is the treatment new?** No. It is the standard of care for soft tissue injuries in Europe and has been a non-surgical option in the U.S. for over 20 years.
- **Is it FDA approved?** SoftWave is FDA 510(k) cleared for: Activation of connective tissue, treatment of chronic diabetic foot ulcers and treatment of acute second-degree burns. It is FDA 510(k) registered for: Pain reduction and Improved Blood supply.
- **What is its intended use?** It is an alternative to surgery to treat musculoskeletal and soft tissue conditions.
- **Does it work?** Depending on the treatment type, studies show success rates of up to 99%.
- **Is SoftWave better than other ESWT devices on the market?** Definitely. The therapy has a wider and deeper therapeutic energy zone than all other devices on the market. This results in greater healing as the energy is spread over a vastly larger and deeper area.
- **Is it painful?** There may be mild discomfort, but patients typically don't complain of treatment pain.
- **Who performs the treatment?** Anyone in the practice that is properly trained by SWTRT.
- **How long is the treatment?** Typically, 5-15 minutes.

- **How many treatments are recommended?** Typically 6-8 spread out over 6 weeks.
- **Are follow up treatments needed?** Usually for very chronic (old) and degenerative conditions, a follow up visit is needed after 4 weeks and 12 weeks post treatment to keep the number of stem cells concentrated in the area. After this, you may need a visit every 12 weeks while your body repairs the injured / degenerated site to optimize healing. Once healed, every 4 to 6 months may be recommended depending on your situation.
- **Are there any side effects?** There is no bruising or swelling. For some, redness and soreness can occur, but it usually subsides in a day or two.
- **Can it be used in conjunction with other treatments?** Yes it can. It is up to the provider. We found SoftWave Therapy has been shown to be even more effective when combined with other forms of therapy, including physical therapy, chiropractic, massage, soft tissue mobilization, etc.
- **Are there any restrictions right after treatment?** You should follow your provider's instruction and you should not take any pain medicine or anti-inflammatories or engage in any activities that would aggravate the injured area.
- **What conditions can be treated with SoftWave?** SoftWave Therapy can successfully address acute and chronic musculoskeletal injuries related to: knee, heel, foot, ankle, hamstring, back, pelvis, hip, neck, shoulder, elbow, wrist and hand as well as soft tissue. In addition, research has shown promising results in the area of sexual health, cosmetics, and wound healing. Current research is being done with Alzheimer's, dementia and head trauma.
- **What is the cost?** This will vary depending on the extent of your problem(s) and the area(s) treated, but it is a fraction of the cost of medical stem cell treatments with no invasive procedures, no anesthesia and no blood draw or injections.

Schedule a **Discovery Session** today to see if this technology can help your chronic pain or recent injury that is taking too long to heal. Most patients will see some relief after this first visit and a determination can be made if additional treatments will be of benefit.

Helping You Heal One SoftWave At A Time

